

Investigation and Analysis of Undergraduates' Learning Situation in Winter and Summer Vacations of Hebei Agricultural University

Hongquan Liu*, Yaxuan Li, Huiyan Gao

Hebei Agricultural University, Baoding 071000, China

*lhqlhqlhq_2001@163.com

Abstract

Four years of undergraduate phase, with an average of 10 weeks in winter and summer vacation every year, and the recent winter and summer vacation will account for 19% of the undergraduate stage time. Therefore, in order to understand the current situation and learning style of undergraduate students at home, I have investigated and analyzed the learning situation of undergraduate students in winter and summer vacation. For the effective use of summer and winter vacation time to autonomous learning, improving the Learning Efficiency of College Students in holiday is very necessary.

Keywords

Analysis of Learning Situation in Winter and Summer Holidays; Learning Status and Methods; Autonomous Learning.

1. Study Situation Investigation

Learning situation analysis refers to the comprehensive understanding and analysis of students' knowledge starting point, skills, cognitive learning style, emotions, attitudes, values and other personality characteristics, which is the starting point of teaching. Famous educationist Gu Lingyuan has emphasized the importance of learning situation analysis for many times, pointing out that learning situation analysis is the key of learning to determine teaching and achieve precise and targeted teaching. However, he also pointed out that learning situation analysis is the bottleneck of the development of basic education in China [4].

1. Investigation purposes: Through investigation and analysis, I have a preliminary understanding of the study situation of the sophomore students in Hebei Agricultural University during the holiday, and have a basic understanding of the problems existing in the students' study style, study time and study status at home during the holiday. On the basis of the real problem, there are some reference for how to improve the learning efficiency of students in holiday.

2. Survey time: February 17, 2021 -- February 28, 2021

3. Investigation objects: Undergraduates of Agricultural University of Hebei

4. Survey method: 750 questionnaires were sent out and 722 were recovered. Sampling survey method was adopted, and the investigated students filled in the questionnaire according to the actual situation.

5. Results of the survey

(1). What do you usually do in your holidays? (see Figure 1)

(A) study (B) use the Internet for entertainment

(C) go out to find friends (D) take part in A contest (E) to be volunteer

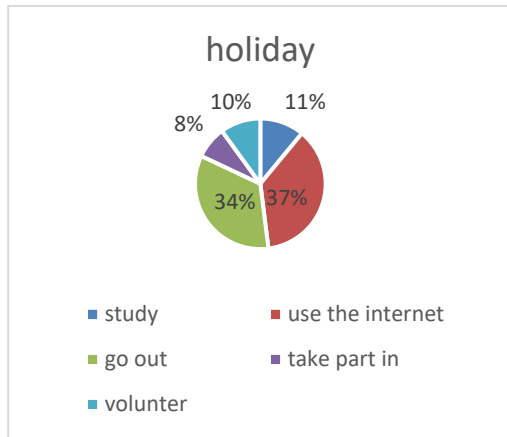


Figure 1. Holiday's life

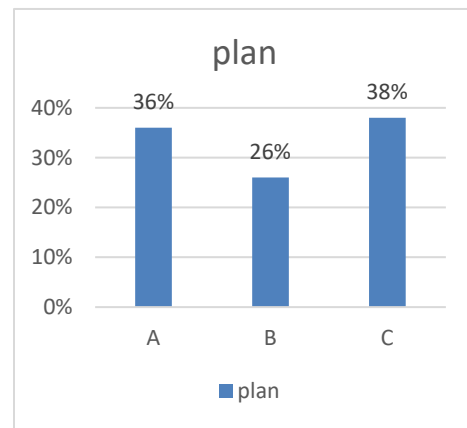


Figure 2. Plan and implement

(2). Is the vacation planned and implemented according to the plan? (see Figure 2)
 (A) yes, no specific implementation (B) yes, and implementation (C) no

(3). What is the way you study at home during the holidays? (see Figure 3)
 (A) Browse relevant knowledge on the Internet (B) Read relevant books
 (C) Communicate with teachers and classmates

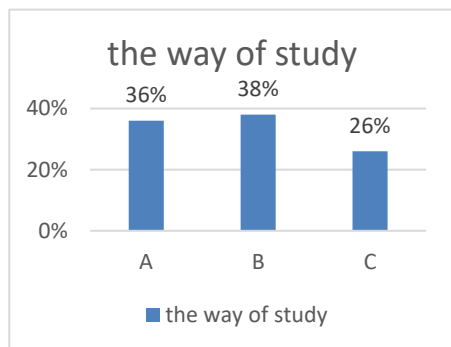


Figure 3. The way of study

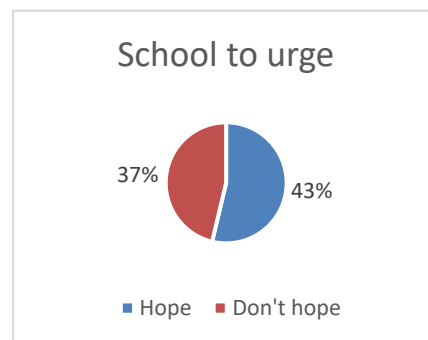


Figure 4. School to urge

(4). Do you want the school to supervise your study during the vacation? (see Figure 4)
 (A) Hope (B) Don't hope

(5). How much time do you spend studying every day during the holidays?(see Figure 5)
 (A) 0 hours (B) 1-2 hours (C) 3-4 hours (D) 5-6 hours

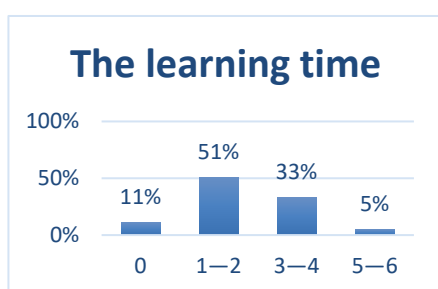


Figure 5. The learning time

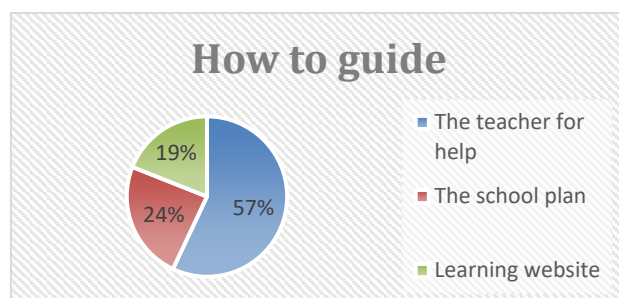


Figure 6. How to guide

(6). How do you expect the school to guide you in your study during the holidays? (see Figure 6)

- (A) The teacher to provide help
- (B) The school to make mandatory plan
- (C) Provide the corresponding website to learn

(7). What are your expectations for learning during your vacation? (see Figure 7)

- (A) Complete the homework and learn the relevant knowledge of the major.
- (B) Complete the holiday homework and participate in the competition
- (C) Finish the homework for the holiday
- (D) Write about it freely

(8). What do you think of participating in social practice or volunteer activities? (see Figure 8)

- (A) Easy and meaningful
- (B) Hard but valuable
- (C) Meaningless

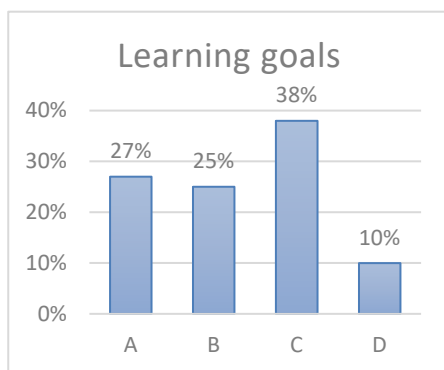


Figure 7. Learning goals

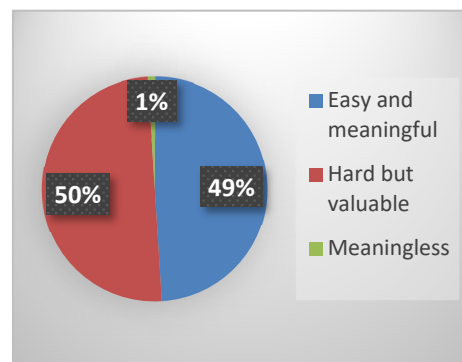


Figure 8. Volunteer activities

(9). What's your favorite thing to do on vacation?

Sleep, watch TV, play games, read novels, go out to play, shopping, work, rest, etc.

(These appear more frequently in the questionnaire answers)

(10). What do you think of holiday jobs?

Very good, you can exercise yourself, increase knowledge, hard work and so on.

1.1. Problems of Learning Quo

According to the survey, games, entertainment and party with friends are usual selection of students. only a small number of students take part in some competitions, learning professional knowledge related to their major and do some voluntary services, from that you university in the form of a holiday life is rich and colorful. However according to the data shows that the students during the vacation in leisure time is much larger than on study, 51 percent of the students study only 1 to 2 hours each day, with 11 percent of students do not spend time on study, all of this shows that students living in holiday arrangements and so on. So, we can conclude that the life form during college is rich and colorful. But according to the data, students spend more time on entertainment, rather than study, all above show that students have some problems in holiday arrangements and other aspect.

1.2. No Reasonable Arrangement for Holidays

In the survey, only 26 percent of students made a specific plan for their vacation and carried it out. Most of the students said that they did not have a clear plan during the holiday, and just did what they liked casually. Some students had plans but did not carry them out as planned. There

is no reasonable planning for the holiday life, so many students think there is no feeling when reviewing, and even some students think there is nothing to do in the holiday and it is better to go to school. It shows that there are still a significant number of students who do not actively look for fulfilling life activities, doing nothing, wasting precious vacation time, lack of initiative, lack of self-discipline, lack of self-need in life[5].

1.3. Leisure Life is Rich, But not of High Quality

According to the answer to the question "what's your favorite thing to do during the holiday" in the questionnaire, in the leisure time of the holiday, the most favorite things for most students are sleeping, watching TV, playing games, reading novels, going out to play, shopping and so on. It can be seen that most students hardly consider how to arrange their rest life seriously, and they are still in a state of blindness and doing nothing. In the holiday life, after experiencing the pressure of learning, it is completely understandable to choose some simple leisure activities such as chatting and playing games to relax. After all, everyone needs to release the pressure and relax. However, if there is no good leisure plan and arrangement, most of the time is spent on sleeping, watching TV, surfing the Internet, playing games and other activities, some psychological problems will arise[3]. Many college students have a positive attitude towards holiday work or part-time job, and think that they can exercise themselves and improve themselves. Different students have different feelings after working or part-time on vacation. Some students said that contact with the outside world, a lot of feelings, increased knowledge; some students lamented that it is not easy to make money in society. Therefore, college students must realize that leisure is not equal to leisure. College Students' leisure time should not only focus on entertainment and relaxation, but should strive to make leisure become the driving force of personal development, so that leisure, study and work complement each other.

1.4. Students' Expectations of School

The survey report shows that many students attach great importance to the guiding role of school in holiday life, and think that school should play a guiding and helping role in holiday life. Students hope that schools or teachers can provide guidance and suggestions, and teachers can help them learn some knowledge during the holidays. Therefore, most students are willing to provide suggestions for schools, and the role of schools and teachers in this aspect needs to be improved. On the other hand, the degree of connection between school curriculum and social practice is not very close or not close, so we should strengthen the cultivation of students' practical ability in professional curriculum. Strengthening social practice in teaching plan, bringing social reality into talent training plan, and improving college students' ability to adapt to market demand are still problems that should be considered in college reform.

1.5. Lack of Autonomous Learning

According to the survey, 43% of the students will study on their own during the holidays, and more than half of them will not study on their own during the holidays. Only 5% of the students will spend a lot of time on their study. Most of the students spend 1-4 hours a day studying, and even 11% of the students do not spend any time on their study. These data show that our students do not have a strong sense of autonomy Learning consciousness, did not realize the importance of autonomous learning[3].

2. The Solution of Solving Current Learning Situation

The difficulties we face is that how to let students to study independently and make a good use of holiday so that they can improve themselves. In the holiday, college students must set a goal, have their own ideas and opinions, do not blindly follow, ups and downs, waste time. College

students have their own initial beliefs, goals and dreams, cultivate their interests in the holidays, implement them purposefully and systematically, work patiently, calm down to think, maintain a positive attitude and spend meaningful holidays.

2.1. Make Vacation Plans

As the saying goes: no plan, no success. A reasonable plan suitable for ourselves will improve our learning efficiency and quality. It is important to make a plan for holidays. Things can succeed if they are prepared, and failure without preparation. The purpose of the plan is not to let the holiday period slip away inadvertently and improve the quality of holiday life. When making a plan, it is important to make the plan as detailed as possible, highlight the key points and implement it in the action. From the questionnaire report, 36% of the students have plans but have not implemented them. It also cannot achieve the effect of our plan. Therefore, students will not be able to carry out the plan normally due to other interference factors, and also revise the plan in time, and they cannot make a series of paragraphs We will not do it, and we can't be unrestricted with ourselves or spend time meaninglessly.

2.2. Learn to Study Independently

Learning is always the first. As the saying goes: Never too old to learn. Only by constantly learning and enriching ourselves, can we not be derailed with the world. Autonomous learning ability needs to cultivate this ability, which needs a certain process and experience. It will experience psychological changes and changes in its own learning strategies. Specifically, it can be divided into learning metacognition, learning motivation, learning strategies, learning willpower and other changes. This change does not occur in the students' own subjective consciousness, but is completed under the joint action of external interference and students' psychological coordination[6]. Although winter and summer vacation is a relatively independent time compared with college students' school time, it will still be interfered by various external factors, especially the temptation of winter vacation, visiting relatives and friends, traveling and so on, which makes college students with self-learning motivation have no time to implement the original plan. These interferences will directly affect the process of cultivating students' self-learning ability. Therefore, under the interference of these factors, we should keep a pure mind, have a reasonable plan to guide, self-study, improve the ability of self-study, and make good use of the holidays[2].

2.3. Take an Active Part in Social Practice

Learning is to increase knowledge, improve their own culture, and social practice is to let us better integrate into the community, experience all kinds of life, enrich their own experience. In social practice, we can learn different things from books, learn how to take care of ourselves, how to face difficulties, and improve our ability of self-care; we can also learn how to communicate with others and respect others. In practice, I realized the ups and downs of life and the happiness and bitterness of self struggle. There are also some students who may not have the opportunity and conditions for social practice. We can also help our parents and family to do what we can at home. As long as we don't waste our life, it is meaningful.

2.4. Have a Summary of Your Vacation

When the holiday is coming to an end, we should recall what we have gained and what are the shortcomings during the holiday, which are worth thinking and summarizing. During the holidays, everyone's life is different, and the harvest is also different. Some experience the bitterness of working, some experience the happiness of helping others, some increase their knowledge, some develop their own interests and so on. On the basis of learning, we should fully expand our interest scope, enrich our life and improve ourselves. As long as there is no shortage of holidays, we will have harvest, summary and significance.

2.5. Schools and Teachers should Strengthen the Management of Students' Vacations

The survey report also shows that some students hope that teachers can provide help in some aspects, such as homework guidance, rich knowledge of professional courses, spiritual communication and so on. By strengthening the management of students' vacation, we can make the management of students' vacation more orderly, and objectively promote students to make plans and manage their vacation. At the same time, the communication between teachers and students will also promote the feelings between teachers and students, improve students' desire for knowledge and improve their comprehensive quality.

3. Conclusion

Above is my understanding and analysis of the study situation of college students during the winter vacation and summer vacation, and also put forward some suggestions. Some places may be inappropriate. In a word, college students can not only think about entertainment and rest during the holiday, but also study independently and improve their abilities in all aspects. I think that through the joint efforts of themselves, family and society, the quality of College Students' vacation will be further improved.

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