

# The Mission of Dance Art from the Perspective of Cultural Self-confidence

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## Abstract

China has a long history of 5000 years. From ancient times to the present, dance art has developed and expanded, and has a long development process. Moreover, China is a multi-ethnic country, which contains many dances. From the perspective of cultural self-confidence, dance art can become the carrier of ethnic integration, the bridge of communication between ethnic groups, and the way of competition under the background of internationalization today. By giving full play to the mission of dance art, we can stand at the forefront of the times and promote the prosperity and development of our culture.

## Keywords

**Cultural Self-confidence; Dance Art; Mission Responsibility.**

## 1. Introduction

Quote: Dance, as the earliest art in human civilization activities, can represent a nation's long-term accumulated cultural ideas, has very distinct cultural characteristics, is the embodiment of a nation's self-confidence, and is also the display of a nation's identity view. Any nation has the fundamental difference from other nations, and dance art is one of them. Dance art is deeply cultivated in the local development, and has its own unique charm. Especially in today's international background, it is of great significance to make dance art a national business card, promote national unity, form cultural taste and promote the exchange of human civilization.

## 2. Dance Art is the Carrier of National Cultural Identity and Inheritance

For a nation, without a high degree of cultural self-confidence, it is difficult to develop for a long time and achieve sustainable development. Dance, as a form, is deeply rooted in national culture and displayed in national culture, customs and etiquette. It is the wealth precipitated by a nation in its long-term life, the value embodiment among different individuals, represents multi-level cultural behaviors such as national art, philosophy, culture and art, and shows the cultural characteristics of a nation. Therefore, it has the significance of cultural inheritance. For members of a nation, it will have enough recognition of the art of dance. When a certain dance style appears, it can quickly find the common language of the nation and inherit it together.

From the origin process of dance, we can find that dance was not invented by one person, but was an activity born by a group of people who entertained together, and did not belong to individual behavior. Display the mood concretely through human body language. For example, in ancient tribes, in order to celebrate, people usually used dance as a language to influence other members, maintain the stability of ethnic groups, and represent deep cultural memories such as national beliefs, worship and emotional expression. Cultural memory is dynamic, and it is constantly fission among nations in a way of inheritance.

From the dance function, it is found that the dance form in any era is unique, which can reflect the situation of internal members and has the characteristics of the times, which is an important carrier of cultural memory of the times. In ancient times, dance was used in celebrations to

show the connotation of culture. Display cultural content by means of situational institutionalization. The use of ceremony, let the information re-input, show the cultural connotation, have a link role, play a role in inheritance.

In modern society, dance still has its important side. For ancient performers, dance performances convey their own cultural values and show their national identity. Regardless of the form, it belongs to the category of human body language. Dance is not only an art, but also a culture. It forms the core of the whole nation in a group way, realizes self-worth, and provides a carrier for the inheritance of national memory.

From the origin of mankind to the present day. On top of all kinds of banquets, there will be dances. Within the ethnic group, dance is an indispensable part. Dance is derived from relatively primitive behaviors. The behavior of dancing strengthens the internal rules of ethnic groups, shapes common cultural customs, and makes the interior more stable.

With the development of human society and civilization, the related elements in dance are gradually evolving, forming a new dance form. Compared with the inheritance owned by people living in compact communities, dance will have different characteristic forms in different periods. Unprofessional dancers display culture and art in all directions from dynamic images, so that professional dancers can process dance by virtue of language system and aesthetics, and reflect the cultural connotation of dance to the greatest extent and achieve aesthetic effect.

### **3. Dance Art is the Carrier of Mutual Learning and Integration of National Cultures**

For different civilizations, in the process of communication, they can form a common understanding of each other. In the process of establishment, discuss with each other. Dance, as an important national culture, comes from the life of the general public. However, it not only serves life, but also is the historical inheritance memory of the nation. In the process of learning from each other, it can better understand each other's contents and give full play to the inheritance value of people's culture. The exchange and development of national culture is the fundamental driving force for the promotion of dance art. On the international stage, dance culture is displayed and recognized by the masses, thus enhancing the self-confidence of our national culture. The creation and development of dance art is also lasting and innovative. Carrying forward the dance art, in the process of inheritance, it merges with each other and becomes the carrier of cultural integration.

China is a multi-ethnic country, which takes dance as a platform to promote ethnic integration and make the dance culture circle form internal dance. In the process of building the army of different nationalities, dance is used as a carrier to form a brand-new cultural form, which makes dance merge with each other in the process of drawing lessons from it. Chinese dance has its own uniqueness, and it is more confident in terms of national tradition and national symbol. For example, China has Korean dance represented by marine culture, Mongolian dance represented by plateau culture and dance represented by Central Plains. Different kinds of dance cultures merge with each other to promote the integration of internal cultures. Moreover, on the international stage, it can be integrated with other countries' dances and learn from each other. In the process of diversified language and culture communication, we should show national beliefs and form identity.

From a worldwide perspective, reference and integration are still the development theme of cultural relics and dance art in various countries in the world. In the process of cultural development of all ethnic groups in the world, cultural changes have the characteristics of inheritance, but they also have the characteristics of integration. In the process of mutual communication, different nationalities collide with each other and develop together. Especially, the characteristics of oriental dance and western dance are different, and they have the effect

of fusion and collision. Oriental dance language system covers China, India, Egypt, Spain and Africa. Western dances include English. The biggest feature of the oriental dance system is that it is closed, with rich facial expressions and gestures from outside to inside, showing a very strong curvaceous beauty. Western dance pays more attention to limbs, ignoring facial gestures, putting them from inside to outside, paying attention to straight line beauty and symmetry beauty. Oriental dance is based on farming civilization. Western dance is marine civilization. In the process of civilization exchange, integration is one of the themes.

#### **4. Dance Art is the Carrier of the Prosperity and Development of National Culture**

The culture of the times determines the characteristics of dance, so the cultural connotation lies in using a culture, attracting people's attention and being widely accepted. The effective inheritance of culture requires the joint efforts of groups and individuals. In the process of common development, it provides a harmonious relationship between people and society and promotes the common progress of both sides. From the perspective of cultural self-confidence, China has close economic exchanges with foreign countries at present. Through the Belt and Road Initiative and other means, Chinese wisdom and Chinese solutions will be gradually displayed on the world stage. Under such an international background, it is necessary to provide a more effective carrier for the prosperity of Chinese dance culture. The world civilization is rich and colorful, and cultures are in the process of constant exchange. Under the background of globalization, dance has become an effective means. Through dance, the cultural prosperity of all countries in the world is promoted, and new possibilities appear in the cultures of all countries in the world.

At present, cooperation among countries in the world is the theme and the premise of common development. Music and dance, as one of the common languages, can promote national development in the information age, make different civilizations understand and respect each other, and then play the role of carrier of national culture. Under the background of history and reality, in the development of human history, individuals can't live alone, and they must communicate with others, which has become a good way to effectively face today's complex challenges. Dance technology can become a carrier for all ethnic groups to communicate together. For example, under the background of today's the Belt and Road Initiative, relevant countries in Central Asia communicate with each other, and dance becomes an effective carrier. Through tours and other means, we can promote cultural exchanges between each other and enhance our cultural influence under the background of globalization. Competition among civilizations includes not only science and technology, education, but also dance art.

#### **5. Conclusion**

With the development of the times, China's culture has begun to enter a new stage of development, gradually moving from a big cultural country to a powerful cultural country. The country also proposed to vigorously develop its own culture through cultural self-confidence. China's dance system is unique, so it is necessary to play the role of dance art, reflect the responsibility of the times, make dance a means of communication, promote the development of national culture, and make dance a way of communication, so as to communicate with other countries and make progress together.

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