# Research on the Path of Integrating Chinese Excellent Traditional Culture into Aesthetic Education in Higher Vocational Colleges

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#### **Abstract**

The ability of beauty is related to the development of students' comprehensive quality, and aesthetic education is an indispensable part of students' All-round development. Higher vocational colleges pay attention to Chinese excellent traditional culture, see the value of Chinese excellent traditional culture, combine Chinese traditional culture with aesthetic education in higher vocational colleges, and give full play to its educational value. this paper analyzes the relationship between aesthetic education in higher vocational colleges and Chinese excellent traditional culture. By strengthening the training of teachers in higher vocational colleges, integrating Chinese excellent traditional culture into the teaching materials of aesthetic education in higher vocational colleges, and integrating Chinese excellent traditional culture with campus cultural activities in higher vocational colleges. Three ways to promote the combination of excellent Chinese traditional culture and aesthetic education.

#### **Keywords**

Higher Vocational Colleges; Aesthetic Education; Excellent Chinese Traditional Culture.

#### 1. Introduction

What is "aesthetic education"? Aesthetic education, that is, aesthetic education, is an education for schools to cultivate students' aesthetic sentiment, improve aesthetic ability and promote aesthetic practice. it enables students to understand, experience, feel and appreciate beauty through a series of means and methods, and finally create beauty. The Chinese nation has a long history of five thousand years, and Chinese traditional culture has been handed down from generation to generation and is becoming more and more prosperous. Chinese excellent traditional culture is the cultural accumulation formed by the Chinese nation through historical accumulation and continuous change and development. it is an important part of the Chinese nation and plays a positive role in promoting the development of the whole Chinese nation. It has profound and strong value. Exploring the value of aesthetic education in traditional culture and exploring the ways to realize aesthetic education are not only conducive to the preservation of Chinese traditional culture, but also conducive to the innovation of the way of aesthetic education in schools, so educators should actively integrate traditional culture into the teaching practice of aesthetic education. effectively improve students' aesthetic ability.

# 2. The Significance of Integrating Chinese Excellent Traditional Culture into Aesthetic Education in Higher Vocational Colleges

## 2.1. To Realize the Traditional Cultural Aesthetic Education of Students in Higher Vocational Colleges in an All-round Way

As a type of education, vocational education has been paid more and more attention by the society. vocational education aims at cultivating high-skilled and high-level skilled talents, and pays more attention to the teaching of knowledge, ability and skills in education. however, there

is a lack of the educational part of aesthetic education, so how to develop aesthetic education in vocational schools.

To cultivate people with the skills of discovering beauty, creating beauty and emotion rather than just cold mechanical operation is what vocational education should constantly pay attention to and explore.

In addition, the students in higher vocational colleges themselves are what we call "problem students". For their education, we should attach importance not only to knowledge and skills, but also to ideological education. "There are many ideas in traditional culture that can solve the current problem. For example, to live in harmony with nature is actually opposed to utilitarianism, and moral education aims to promote moral education and cultivate the educated into talents with lofty qualities." [1] As a part of Chinese traditional culture, Chinese excellent traditional culture contains rich educational contents. It is introduced into the aesthetic education of higher vocational colleges as the basic material of aesthetic education to infect students and realize the All-round development of traditional cultural and symbolic aesthetic education of students in higher vocational colleges.

#### 2.2. Inherit the Traditional Culture and Enhance the National Cultural Selfconfidence and Patriotism of Students in Higher Vocational Colleges

How many people have accumulated and preserved the traditional culture is a symbol of the sons and daughters of China. As students of higher vocational colleges, they should have this kind of cultural consciousness. As an important aesthetic resource, it is not only the inheritance and development of traditional culture, but also the inheritance and development of traditional culture through aesthetic education. Similarly, Chinese excellent traditional culture is unique, as unique to the Chinese nation, it can also strengthen higher vocational college students' sense of identity and self-confidence of national culture, and generate a strong spirit of patriotism in this sense of national cultural identity.

## 3. The Way to Realize the Integration of Chinese Traditional Culture into Aesthetic Education in Higher Vocational Colleges

### 3.1. Strengthen the Training of Teachers in Higher Vocational Colleges and Improve the Quality of Aesthetic Education of Teachers

Teachers, as the leading force in any education, cannot be missing in any education. when Cai Yuanpei was president of Peking University, he attached importance to teachers and hired Xu Beihong, he Luzhi, Tang Dingzhi and others to teach in Peking University. [2] This promoted the All-round development of art education in Peking University, established a leading position in the research and practice of aesthetic education in Chinese colleges and universities, and played a key role in the formation of Peking University's unique cultural temperament. At present, there is a shortage of aesthetic education teachers in higher vocational colleges, and students have not formed a systematic and theoretical understanding of aesthetic education, which is not conducive to the development of aesthetic education in higher vocational colleges. The weak strength of teachers also makes it impossible for higher vocational colleges to excavate the elements of aesthetic education in Chinese traditional culture, which leads to that aesthetic education can only be superficial and formalized, and cannot play the real role of aesthetic education, so it is necessary to have a high-level and high-quality aesthetic education teachers to strengthen the training of teachers in higher vocational colleges. only when teachers have aesthetic consciousness and aesthetic accomplishment can students with aesthetic ideas be cultivated.

In daily teaching, teachers should regard the implementation of art education curriculum as a small part of the work to promote everyone's artistic aesthetics, and popularize certain beauty

of life and realistic aesthetic needs for them. so that the growth of their aesthetic needs can be used for reference and keep pace with the times. Infiltrate aesthetic education into the curriculum, introduce the creative background of the course content and the historical and cultural content it contains, imperceptibly influence their aesthetic appreciation of life, and guide their aesthetic needs to a certain extent, so as to urge the students of higher vocational colleges to have correct appreciation and pursuit. Therefore, it is necessary to strengthen the aesthetic training for teachers in higher vocational colleges and enhance their ability to carry out aesthetic education.

### 3.2. Integrate the Excellent Chinese Traditional Culture into the Teaching Materials of Aesthetic Education in Higher Vocational Colleges

For aesthetic education in higher vocational colleges, classroom teaching is the most powerful starting point. In the "guiding outline for improving the Education of excellent Chinese traditional Culture", it is also clearly proposed to strengthen the construction of disciplines related to excellent Chinese traditional culture. Combine Chinese traditional culture with aesthetic education in higher vocational colleges organically, based on the relevant teaching laws of aesthetic education, excavate the relevant materials in traditional culture, so as to make aesthetic education textbooks highlight the characteristics of traditional culture, and rely on classroom learning to promote the continuous innovation and development of aesthetic education. It is obvious that the integration of Chinese excellent traditional culture and aesthetic education courses in higher vocational colleges is not a direct addition of aesthetic education courses in higher vocational colleges and traditional culture, but a combination of the processing and integration of the specific contents of traditional culture.

First of all, in view of the excellent Chinese traditional culture, we should take its essence and discard its dross. The feudal and backward traditional culture needs to be eliminated and not included in the aesthetic education curriculum. Secondly, before integrating the traditional culture into the aesthetic education curriculum in higher vocational colleges, we need to be familiar with the existing knowledge structure of higher vocational students, select the positive contents that are beneficial to the development of higher vocational students, pay attention to the realistic needs of students, and have the characteristics of the times and practicality. so that the integration of excellent Chinese traditional culture content into the curriculum can attract the attention of higher vocational students and stimulate interest. Finally, in the information age, higher vocational college students have a strong attraction to the network, so the aesthetic education courses in higher vocational colleges can be carried out through the network and new media to show the excellent Chinese traditional culture through the network. enhance the attractiveness of Chinese traditional culture to higher vocational college students.

### 3.3. Integrate the Excellent Chinese Traditional Culture with the Campus Cultural Activities of Higher Vocational Education

With the help of the theme of Chinese excellent traditional culture, we should carry out rich campus cultural activities in higher vocational colleges and enrich the ways of aesthetic education in higher vocational colleges attracts and infects students through the concrete perceptible image of beautiful things, which makes students immersed in the scene, hear their voice and see their shape, produce strong emotional experience, get great aesthetic pleasure, and obtain great aesthetic enjoyment, so as to achieve the goal of educating people.

With the help of the carrier of excellent Chinese traditional culture, through the integration of campus aesthetic education cultural activities and excellent Chinese traditional culture, students can feel beauty, experience beauty and create beauty in the practice of excellent Chinese traditional culture. enhance students' sense of identity and sense of belonging to

Chinese excellent traditional culture, and realize the "practice" of Chinese excellent traditional culture. For example, carry out aesthetic education activities with excellent Chinese traditional culture as the theme and experience, and carry out campus cultural activities with Chinese characteristics, such as Chinese paper-cut, brush characters and other campus cultural activities, so that students in higher vocational colleges can personally experience the beauty of Chinese traditional skills. It can also lead higher vocational college students into history museums, former houses of celebrities, revolutionary holy places, etc., through the appreciation and taste of the exhibits, let students understand the long history and culture of the motherland, enhance their sense of national pride, and gain the enjoyment of beauty. Students can also be organized to perform operas, as well as various competitions such as painting and singing. Through these campus cultural activities, students can fully display their talents and talents, give full play to their creativity, enhance the spirit of unity and cooperation, and maintain a close relationship between teachers and students. At the same time, this intuitive and interesting aesthetic practice imperceptibly affects the students and nourishes the students in silence, which not only improves the students' aesthetic ability, but also gives them the opportunity to create beauty.

#### 4. Conclusion

Aesthetic education and Chinese excellent traditional culture promote each other. Chinese excellent traditional culture is a treasure house of resources to carry out aesthetic education with Chinese characteristics. The work of aesthetic education, which is rooted in Chinese excellent traditional culture, can realize the scientific and organic combination of educating people with beauty and cultivating people by virtue, and can realize the inheritance and continuous innovation of traditional culture while carrying forward the spirit of aesthetic education. promote the All-round development of social members. It can be seen that the two are inseparable and complement each other. Aesthetic education in the new era not only bears the responsibility of imparting knowledge and inheriting skills, but also undertakes the historical task of breeding Chinese traditional culture and keeping it alive in the ever-changing era.

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