

Tutoring System and College Students 'Comprehensive Quality Training: Based on the Research of College Students' Participation in Challenge Cup Competition

Zenan Zhang

School of Anhui University of Finance and Economics, Bengbu 233000, China

Abstract

The undergraduate tutor system is an important teaching model reform measure to improve the comprehensive quality of college students and cultivate innovative talents. At present, many colleges and universities in China have begun to implement the college student tutor system. This article takes the tutor to guide college students to participate in the Challenge Cup competition as an example, analyzes the role and problems of the college student tutor system in the comprehensive quality training of college students through the in-depth interview method, and provides reference suggestions for improving the reform of the teaching model of the college student tutor system.

Keywords

Escort System; Comprehensive Quality; College Students; Challenge Cup.

1. Introduction

With the gradual establishment and improvement of China's socialist market economy system and the rapid development of modern science and technology, China has entered Japan.

In the information age of the crescent, the social competition is becoming increasingly fierce, and the employment situation is becoming more and more severe. As national talent export institutions, colleges and universities should not only shoulder the mission of rejuvenating the country through science and education and strengthening the country with talents, and cultivate knowledge-based talents for the country, but also comprehensively implement quality education, cultivate the comprehensive quality of students, and ensure that college graduates can match the rapidly changing society. At present, there are different definitions of the connotation of the comprehensive quality of college students. The more popular ones are the four-point method and the five-point method. No matter what kind of division method, it is defined around four aspects: moral education literacy, intellectual education literacy, physical and mental literacy, and power station literacy. Each literacy contains several ability indicators. It has played a positive role, but it still needs to be constantly explored and innovated.

Improve the overall quality of college students There are many traditional educational methods, including not only improving teachers' abilities and teaching methods, but also offering compulsory courses, reforming examinations and evaluation standards, and promoting cooperation between schools. In addition, there are some ways of extracurricular practice, such as participating in professional skills competitions, conducting social practice activities during the holidays, or setting up student associations. Although these training methods play a role in improving the four aspects of comprehensive quality, due to the changes in the group characteristics of college students, colleges and universities still need to introduce new training methods. From the perspective of the college student tutor system, combined with the tutor to guide the undergraduates of Liaoning University to participate in the Challenge Cup competition, through the semi-structured interview method, this paper discusses in which

aspects of the college student tutor system has improved the comprehensive quality of college students, and analyzes the shortcomings of the current tutor system education model in cultivating the comprehensive quality of college students.

2. Overview of a Mentor System

The postgraduate tutoring system originated in Western universities and first appeared at Oxford University in the United Kingdom, which was pioneered by William. W. Ickham, a former British justice and Bishop of Winchester, is older in the undergraduate tutor system of Oxford University. 700 years Western universities emphasize free education, attach importance to individual students in the process of education, and cultivate students' independent, divergent and critical thinking. The formation of the tutor system is in line with the characteristics of Western education. Therefore, many Western universities follow the education model of Oxford University and carry out a tutor system that conforms to their own educational characteristics. Chinese universities implemented the American credit system model in the early 20th century. Represented by Peking University, after the founding of New China, Chinese college students adopted the academic year education model, and graduate students adopted the tutor education model. With the deepening of reform and opening up in the past 40 years, it is not as difficult to go to college to receive education as in the past. China's higher education has gone through four stages: recovery and development, steady development, rapid development and accelerated development. The number of colleges and universities has increased from 392 after the end of the Cultural Revolution to 2,246 in mid-2014. Despite the increase in the number of higher education, the quality of students is not guaranteed. The teaching management function of the credit system model is weakened, and it is difficult for college students with insufficient learning initiative and life autonomy to adapt to the new teaching mode. In this context, in order to guide students to adapt to the environment, cultivate students' independent learning ability, exercise students' thinking divergence, and enhance students' scientific research ability, some universities in China have also begun to imitate Western universities to try the undergraduate tutor system.

The undergraduate tutoring system is not only different from the postgraduate tutoring system, but also different from the counselor system. The undergraduate tutor system refers to hiring people with a high level of teacher ethics.

The head teacher of quantity and business quality acts as the tutor of undergraduates under the premise of two-way choice between teachers and students. The undergraduate tutor system should not only follow the principle of teaching according to their aptitude and guide students' studies, but also pay more attention to the guidance of undergraduates' correct world outlook, outlook on life and values, and the cultivation of students' comprehensive quality. The basic work of undergraduate tutors can be summarized into three aspects: 1. Guide students to complete their studies, establish personalized learning goals, cultivate interest in scientific research, and improve scientific research ability. Cultivate students' cognition, emotions and will, and promote them to form correct moral qualities, have a correct understanding of themselves, others and society, and form correct "three outlooks". Cultivate students' interest, improve students' social practical ability, and guide them to formulate career plans in line with scientific principles.

The impact of the student tutor system of the second university on the development of comprehensive qualitative ability.

The tutor system mentioned in this article refers to the tutor's guidance to the participating students when college students participate in the Challenge Cup competition. "Challenge

Cup - National College Students Extracurricular Academic Science and Technology Works Competition is a national extracurricular academic practice competition for college students

co-sponsored by the Central Committee of the Communist Youth League, China Science and Technology, the Ministry of Education and the All-China Federation of Students. Since the first competition was held in 1989, the Challenge Cup has always been "advocating science, pursuing true knowledge, diligent learning, innovating, and meeting challenges". It has played an active role in adhering to the purpose, promoting the growth of young innovative talents, deepening quality education in colleges and universities, and promoting economic and social development. The challenge cup system is fair, scientific and reasonable. College students need not only solid professional quality, but also all kinds of comprehensive quality to participate in the Challenge Cup competition. The Challenge Cup fully verified the comprehensive quality of college students.

Through the understanding of the tutor in 2021, the author guided the undergraduates of Liaoning University to participate in the Challenge Cup competition, and have achieved excellent results in previous Challenge Cup competitions. During the 8-year Challenge Cup guidance process, the author collected a large number of cases. Through case studies, this tutoring system can promote the comprehensive quality training of college students. In particular, the role of some aspects contained in comprehensive quality is particularly obvious, but these guidance and teaching systems have not yet reached the best model, and there are some shortcomings that need to be improved. Taking the 2015 Challenge Cup competition case guided by the author as an example, through in-depth interviews with four participating students, this article focuses on the tutor system.

It answers some aspects of improving the comprehensive quality of college students and the shortcomings that still need to be improved.

3. The Influence of College Student Tutoring System on Improving the Comprehensive Quality of College Students

3.1. Quality of Education

Ideological and political quality is the most important quality, which is to continuously enhance the quality education of students' patriotism, collectivism and socialist ideology.

The soul of nurturing. The main indicators of moral quality include political performance, collective concept, moral cultivation, etc. The Challenge Cup is a team project. The success of the team cannot depend on individual unilateral efforts. It must be achieved through the concerted efforts of all team members. Teamwork will inevitably lead to conflict of opinions. Based on the advice provided by the tutor and the long-term teamwork, the students not only learned how to resolve conflicts correctly, but also strengthened their collective concept. Students participated in the 7-8-month competition, which cultivated their great enthusiasm for work and helped them better adapt to the social environment.

3.2. Intellectual Quality

It is very important to cultivate noble sentiments and cultivate excellent psychological qualities. They can help us reach the realm of biochemical people. Moral education quality includes two aspects: academic performance and normal learning situation. Most of the students who participate in the Challenge Cup are "good learners" in the class, and they are all leaders in their professional fields. But these students come from different majors and even different cram schools. However, the Challenge Cup competition is not just a course knowledge. If you want to participate in the Challenge Cup competition, you also need to master a more comprehensive subject knowledge. By participating in the Challenge Cup competition, students not only have a deeper understanding of their majors, but also have some contact with other relevant majors. Today's society needs talents with multi-faceted professional quality. The more professional skills you master, the more competitive you will be.

3.3. Physical and Mental Quality

The health standard of the World Health Organization (WHO) means that health has no diseases and defects, and has a good mental state and society.

The physical and mental quality of college students includes three aspects: physical quality, health care knowledge and psychological quality, because they have the ability to adapt. The implementation of the tutor system to guide students' physical and mental quality is mainly reflected in their psychological quality, especially in the cultivation of stress resistance. Each Challenge Cup competition lasts about 7-8 months. In the past six months, students should not only complete daily courses and other leisure activities, but also continue to follow up the Challenge Cup courses. Call on call. Because the students who participated in the Challenge Cup are generally excellent, many students are facing opportunities such as research guarantee. In the final exam, these students will devote more energy to achieve higher results. Participating in the Challenge Cup will definitely distract them from their learning energy. Under such strong pressure, under the timely guidance of the tutor, students can correctly handle the schedule, maintain a good mentality, actively face the pressure, and complete the Challenge Cup and course studies with a calm and optimistic attitude.

3.4. Quality Development

With the repositioning of talents in modern society, developmental quality has become an important part of the comprehensive quality of college students.

The creativity and practical quality formed by students in school education. Indicators related to developmental quality include innovation ability, organizational management ability, social practice, vocational skills, etc. The tutor plays the role of consultation and guidance in the Challenge Cup. Unlike traditional teaching, the tutor emphasizes stimulating students' creativity and encouraging them to explore problems and choose their own topics, so as to cultivate students' sense of innovation.

3.5. Inadequate Guidance System for College Students

Automatically judge the field and background of the sentence and do not describe it. In the college student tutor system that guides students to participate in the Challenge Cup competition, although it has had a positive impact on the four aspects of comprehensive quality, it cannot fully ensure the success of students in the competition.

4. It is Multi-functional and Still has Some Defects

4.1. It is Difficult to Guarantee the Quality of the Instructor. Students and Teachers Have Their Own Unique Differences and Ways

After investigation, it was found that not every tutor can conscientiously perform their duties and really guide students to improve their abilities. Some tutors are perfunctory to cater to the system, cannot play the role of the tutor system, lack enthusiasm for students, and cannot find students' problems in time.

Teachers lack interaction with students. During the period when the tutor guided the students to participate in the Challenge Cup competition, the teacher found that the students encountered problems and only took the initiative to contact the teacher when they needed the teacher's help. There was a lack of usual communication, which made it difficult for the tutor to grasp the real situation of the students.

There is still a considerable distance between teachers and students. Tutors and students mainly communicate about academic content, which hardly involves other aspects of students' lives. There is still a sense of distance between tutors and students. Only by using a closer distance can we understand students more deeply, and the key to correctly guiding students is

to understand their living conditions and psychological state. The tutor should not only guide students, but also guide them to establish a correct outlook on life and cultivate a positive and correct attitude towards life.

Lack of relevant institutional provisions and evaluation mechanisms for the tutoring system for college students. At present, the college student tutor system is still in the exploration stage. There are no clear rules and regulations that stipulate the responsibilities that the tutor should perform. The tutor is not clear about his job responsibilities and cannot accurately position himself. Compared with graduate tutors, college student tutors are less motivated and the evaluation mechanism is not perfect, resulting in the lack of enthusiasm for college tutors to work.

University lecturers have no professional guidance. In the process of comprehensive quality training for college students, tutors have played an active role in many aspects, but according to students' reactions, they need further professional guidance from professional teachers. Especially when cultivating and developing literacy, students are eager to receive professional guidance from outstanding people in some fields.

5. Conclusion

Through this article, it is found that the tutor system for college students has played a positive role in cultivating the comprehensive quality of undergraduates, but there are still some problems to be overcome in this new education model. Colleges and universities need to establish a clear selection system and responsibilities of college student tutors to ensure that college student tutors are clear about their responsibilities. College student tutors should be deeply aware of their responsibilities and strive to cultivate high-quality college students and improve their comprehensive quality.

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